



Sli Eile enables people with mental health challenges to recover and rebuild their lives

Sli Eile Support Services

Sli Eile Housing Association

Annual Report 2021



Sli Eile received funding from the following agencies during 2021



How we supported our tenants in 2021?

- Supported tenants to access 40 appointments at Bloods Clinic.
- Supported 25 Psychiatrist appointments.
- Made referrals to 22 agencies around education, social welfare, career guidance, further education, home less services, MABS, GP appointments, CAMHS, OT supports, counselling, WRAP training.
- We supported eight post tenants with transport, housing, CV prep, Accessing housing, organised trips, and mental health supports.
- Activities for tenants included Mu Tai Boxing through Zoom, Yoga and meditation and group work as well as trips away.

Board

The Board was active and met on ten occasions during the year as well as holding its Annual General Meeting in December 2021. Many of the meetings were held through Zoom due to Covid 19.

During the year, policies were developed, revised, and approved by the Board and staff in the following areas:

- Code of Governance
- Procurement Policy
- Cash handling Policy
- Credit Card Banking
- Banking Policy
- Fixed Asset policy
- Risk Management Policy
- Protected Disclosure Policy
- Fundraising and Donations Policy
- Dignity at work Policy
- Volunteer policy

Policy Reviewed

- Medication Policy
- Garda Vetting Policy

Board Members

- Niall Daly -Chairperson
- Aidan Gleeson-Secretary
- Ann Coughlan (Volunteers)
- Kate Lasher (Protected Disclosure Officer)
- Lucy O' Connell (Finance)
- Billy Cotter (Protected Disclosure Officer)
- Bridget O' Brien (Fundraising)
- Hannah O Brien

Company Solicitor

Marie Forde, New Line, Charleville, Co Cork.

Our Staff Team in 2021

Chief Operations Officer took up her position in Jan 2021, while the previous CEO took up his new role as Mental Health Guide.

Staff (2021)

- Chief Operations Officer-Jess Angland
- Mental Health Guide-Paul O 'Doherty
- Programme Manager-Teresa Curtain
- Estate Manager -John O 'Connell
- Financial Administrator-Sinead Osborne
- 5 X Tenant facilitators
- Craig Browne, Shauna Butler, Jack Neenan, Kayleigh Hannon, Selene Mc namera and Caroline Furney.
- Horticulturist-Michael Dunphy
- Market Co-ordinator (p/t)-Patsy Moran
- Relief Staff

Staff training -2021

Staff completed the following training in 2021:

- Safe administration of Medications--online
- Self-Harm-on line
- Dignity at work training one day training
- Handling disclosure of abuse one day training
- National Standard for adult safeguarding -on line

Staff Development

Staff social fund was set in Feb 2021 to fund staff activities, staff contributed 5 euros per month and there was outing to Kinsale in 2021 for staff. Staff costs increased in 2021 increased by €17, 000 in 2021 due to Covid 19 sick pay, moving front line staff due to covid risk. Sli Eile also supported training and education by providing funding of 50% for staff accessing work related training. COO completed staff supervision sessions with all the support staff during 2021.

Volunteers

Review of the volunteer policy and recognised the need for increased support for volunteers. Sli Eile continued to receive support from our volunteers in fundraising, social care and general gardening.

Volunteers remain a very important part of the Sli Eile community as we recognise their very important contribution to Sli Eile.

Networking and partnerships

Sli Eile continued to work with partners across Cork and Kerry this included Cork Homeless Forum, as well as agency visits to Arbour addiction services and inputs from Social Prescribing service in Mallow as well as referrals for MABS and Cork ETB. In total we worked 22 agencies to provide a better service for our tenants in 2021.

Sli Eile Staff worked with MTU in terms of providing placements for two social care students and with another two students coming on placement from Drumcolligher Organic College.

Awareness raising

Sli Eile Featured in Local press, The Vale Star as well as coverage in Cork Evening Echo, and an interview with COO on 96 FM in March 2021.

Strategic plan

The Board and COO began to examine the process of tendering for a strategic plan in 2021, this will give direction to the organisation and service delivery over the next five years. Tender and interviews took place in 2021 with Future Spark Consulting winning the proposal to develop Strategic plan for Sli Eile. Workshops planned for 2021, were deferred several times during 2021 due to Covid 19.

Building and Infrastructure

2021 saw substantial work completed on the buildings at Burton Park and tenant accommodation. This included upgrade of the offices, toilet and sitting room in Burton Park. All the beds were also replaced during 2021 as well as flooring in the kitchen, sitting room painted, flooring replaced, and heating system upgraded.

Finances

The auditors appointed for Sile Eile Support services were Murray Clooney, Charleville, Co. Cork. Sile Eile Support services was showing a loss of €10,387 at the end of 2021. Increased staff costs, purchase of a new van, strategic plan costs, and increased audit fees increased costs during 2021. However, this was a reduced loss when compared with 2020. The main source of funding for Sli Eile is the annual funding received from HSE Cork Kerry Community Health care.

Sli Eile Housing Assoc was also showing a profit of €5,351, despite substantial work on improving the buildings and heating system.

Social Enterprises

Organic Farm and Gardens

Farm staff, volunteers and tenants carried out construction of raised beds and ponds in the main garden. The raised beds were designed to assist people who had mobility issues to take part in planting and gardening. St Joseph's Foundation had two service users come on placement during 2021 who worked with tenants and staff. An external staircase was also purchased as a fire exit from the back of the Coachman's

Cottage. Fencing was also completed on part of the farm, with more fencing required to be completed. Sales of Veg were slightly up in 2021, however sales are down on 2020 due to cattle sales of 25k in 2020 and no sales in 2021.

Market

The market was re-opened on the May Day Bank Holiday in 2021, against a backdrop of level 5 Covid Restrictions. Portacabins were also purchased and refurbished by staff and volunteers to provide toilets for the market. Once the market reopened large numbers of people attended events such as Fairy Day, Car and Coffee, Gardening talks, Halloween and Christmas Market.



Fund Raising

Committed volunteers and generous patrons donated to Sli Eile during 2021, which raised €20,448, that was increase of €9,000 on the previous year. This included:

- Ignite Group-€150 upgrade to the Sitting room in Burton Park
- Martin Hanley plant hire donated transport and labour to construction of the toilets
- Sli Eile Deli and Belinda stalls at weekly market
- Online giving Benevity portal.
- Pop up shop in Churchtown in October 2021
- Sponsored walk in Doneraile Park.
- Churchtown Athletic Assoc
- Direct Debits to Sli Eile.

Restricted Funding /Grants received

Grant	Amount	Purpose of Funding
Covid Stability Fund	€17,987	Deficits in budget due to Covid Stability fund
National Lottery Funding	€7,196.96	Kitchen, toilet and passage
JP Mc Manus Foundation	€16,000	Refurbishment of Burton Park.
National Lottery	€3000	Purchase of new polytunnel

Principal risks and uncertainties

The principal risks and uncertainties associated with the company are as follows:

(i) the inability to continue to receive and generate sufficient funding from both the Health Service Executive and from fundraising initiatives to match the company's operational expenses.

(ii) loss of key staff may result in an ability to perform critical functions.

The directors monitor the company's associated risks on a regular basis

